

NOTICES

If this is your first visit, then please accept our invitation to ask questions and to leave your contact details to receive notice of forthcoming events. Also I invite each of you to keep the notices below to remind you of coming events.

Dates for your diary.

12 December at 10am 'A Unitarian meditation on the four candles of Advent'. Offered by the Findhorn Unitarian Network (FUN) on Zoom. Join by emailing ralphunitarian@gmail.com

15 December 9.30am A repeat opportunity to share in the FUN meditation for December.

About your Worship Leader:

Ralph Catts recently retired as the Unitarian Minister in Hull, Ralph completed his student pastorate at Birmingham New Meeting. Prior to training for Ministry, Ralph was a lay leader at Glasgow Unitarians, and the founder of the Forth Valley Unitarian Fellowship.

Support for your congregation

Please contribute what you can afford – email us at info@newcastleunitarians.org.uk to arrange this.



Newcastle Unitarian Church

29th November 2020

Inspiration from Stoic Philosophy



Revd. Dr. Ralph Catts

Welcome: All are welcome here in a spirit of mutual respect irrespective of gender, ethnicity, sexuality, age, or disability.

Chalice Lighting: From the ICUU chalice words for October

“Come seekers,
searching for answers,
for respite, or a space
to unleash your joy.

Here all are welcome,
no excuses are needed,
nor explanations.”

Acknowledgement of Country

1st Song: Purple Book 62 ‘Here we have gathered’

1st Reading: A Meditation by Marcus Aurelius,
Book IV. Number 33, trans. Scot & David Hicks

2nd Reading: A Meditation by Marcus Aurelius,
Book VII. 9, trans. Maxwell Staniforth

2nd Song Purple Book 35 ‘Find a Stillness’

Address: Stoic Philosophy – an antecedent of Unitarianism?

Reflection and Prayer

Discussion

3rd Song Purple Book 147 ‘Spirit of earth, root and stone’

Responsive prayer:

Please share the response, *fill me with living energy* after each phrase of this prayer. **Let us pray together:**

‘Spirit of earth, nourish me and *fill me with living energy*.
Spirit of love, open my heart and *fill me with living energy*.
Spirit of life, gladden and guide me and *fill me with living energy*.
Amen.’

Notices:

Please refer to the back of this order of service.

Closing verse: Purple Book 102 ‘May the road rise with you’.

Please sing the last line as ‘May God hold you in the hollow of ‘love’s hands’. We will sing this blessing three times.

Benediction: (all to say)

‘As we extinguish our chalice, may we be grateful for this time of respite, to unleash our joy.’